## Military & Family Readiness Operations

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**Behavioral Health Team** Director of Psychological Health

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# National Guard J9 Military & Family



# **Readiness Operations**

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For additional copies or to provide updates, please contact the J9 public affairs desk at: 615-313-0629

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**Mission:** The J9 directorate is The Adjutant General's center of gravity to enhance our Tennessee National Guard service members and their families by focusing on holistic pathways to health and readiness through all stages in life. A program dedicated to providing guidance and support to implement enduring solutions that will reduce high risk stress, eliminate stigma and promote resiliency within our Tennessee National Guard family.

### Guard Your Buddy (GYB)

Guard Your Buddy is a joint effort by the Tennessee National Guard, The Jason Foundation, Inc. and E4 Health to give the men, women and families in the Tennessee National Guard anytime, anywhere counseling and on-call suicide prevention. Call 1-855-HELP-GYB (1-855-435-7492) to speak with a licensed professional.

## Airmen & Family Readiness Program

Manager provides guidance, assistance and day-to-day support and continuity for the Wing Commander's Family Readiness Program, operations and initiatives.

## **Yellow Ribbon Reintegration Program**



The National Guard Yellow Ribbon Reintegration Program ensures that service members and their families receive information on

the services available to them throughout the deployment cycle. These events offer resources, information and points of contact for organizations within the community to help service members as they reconnect with their families, employers and communities.

## **Child & Youth Programs**

The Tennessee Child & Youth Program. provides youth development through local camps and activities for geographically dispersed youth of the TN Army & Air National Guard, as well as programing in schools and Yellow Ribbon Re-integration events to promote resilience. Also oversees the Tennessee National Guard Youth Action Council, a high school advocacy group for military families.

### **Transition Assistance Advisor (TAA)**

TAA Provides support for returning veterans to assist with benefits, education and any other issues they may encounter when returning from deployment.

#### **Chaplain Services**

The Chaplain provides spiritual guidance, pastoral counseling and family life enrichment support to service members and families through events and programs such as Strong Bonds and Partners in Care.

#### **Survivor Outreach Services**

Provides long-term guidance and assistance to the surviving military Family members in regard to survivor benefits, entitlements and local resources.

## **Personal Financial Counseling (PFC)**

The Personal Financial Program is a statewide. free service staffing trained personnel to assist service members and families with financial

💌 issues, debt management, FinancialPlanning investment education, retirement and estate planning. The PFCs

are available for unit level briefings, group classes and one-on-one counseling.

The Resilience, Risk Reduction, & Suicide Prevention Program (R3SP) is managed

by the Resilience & Risk Reduction Coordinator and incorporates the offices of the State Alcohol and Drug Control Officer (ADCO). The R3SP Program promotes Soldier readiness by 1) providing access to training in Resilience Skills and Suicide Awareness and Prevention Skills, 2) ensuring Soldiers remain

updated on Substance Abuse Prevention policies and strategies, and have access to assistance through regional Prevention Coordinators (PCs); and 3) conducting

Unit Risk Inventories. This proactive approach to education, training, and risk mitigation ensures the force maintains an "Always Ready" posture.

## **Military OneSource**

ON A confidential program providing comprehensive information, resources and **SOURCE** resource referrals on every aspect of military life at no cost to active duty, Guard and Reserve Component members and their families. Information and resources includes, but is not limited to deployment, reunion, relationships, grief, spouse employment, education, parenting and childhood, career opportunities, issues specific to families with a member with special needs, health coaching and more. 24/7 call center: 1-800-342-9647 or at www. MilitaryOneSource.mil

## Sexual Assault Response Coordinator & Victim Advocate (SARC/VA)

Provides 24/7 victim advocacy services and response, reports of



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sexual assault. Provides education and training. policy updates, data collection and reporting. 615-313-3121 or Safe Hotline 1-877-995-5247 or www. safehelpline.org

# Reserve Component Employment Enhancement Program (RCEEP)

Helps Guard and Reserve service members and their spouses who are unemployed or under employed find careers. Dedicated training and development specialists and a skilled business advisor will assist participants in making their job connections.

# **Employment Support Program**

Provides employment opportunities and options to develop career ready service members, prepared



and resilient family members, and successfully transitioned members EMPLOYER SUPPORT OF THE GUARDAND RESERVE integrated with their community.

## **Military Funeral Honors (MFH)**

Provides military funeral honors upon request of family to honor the dedicated service of military Veterans within Tennessee.



## **Soldier & Family Readiness Program**

Provides assistance services for all military members, families and veterans which include being a liaison between the chain of command, the chain of concern and families. Assist in providing information such as pay/financial issues, military medical benefits, legal issues, ID card/DEERS enrollment, crisis referral and accessing military benefits from local communities.

Assist commanders in their duty to deliver readiness goals of the Total Army Family Program so that Soldiers and families are informed. educated, resilient, and made ready for the unique demands of military life before, during, and after deployment. Pro-



vide quality of life opportunities to the Soldier and Family Readiness Groups (SFRGs) to improve the soldier and family members' morale.